

escaping the >>>

# MATRIX

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December 9-10, 2005  
Woodland Hills Church



notes

**1. The True World “In Christ”**

- You are a “new creation.” (2 Cor. 5:17)
- You are forgiven, redeemed, reconciled to God, freed from all condemnation and given eternal life as a free gift. (1 Cor. 1:4; Eph. 4:32; Rom. 3:24; 2 Cor. 5:19; Rom. 6:23; 2 Tim. 1:1)
- You are holy and redeemed in Christ. (Eph. 1:4; Gal. 3:13-14)
- You are indwelt with his Holy Spirit and have a river of life within you. (Jn. 7:39)
- You are a participant in the eternal triune love of God that is God’s nature and are enabled to see in our mind the glory of God in the face of Jesus Christ. (2 Pet. 1:4; 2 Cor. 3:14-4:6)
- You have been set free from “the law of sin and death” and made to be God’s own perfectly holy children. (Rom. 8:2; Gal. 3:26; Heb. 10:14)
- You are a child of God who has “obtained an inheritance” that is “imperishable and undefiled” and that will therefore last forever. (Eph. 1:11; 1 Pet. 1:4)
- You are more than a conqueror. (Rom. 8:37)
- You can do all things through Christ who strengthens you. (Phil. 4:13)
- You’ve been filled with a Spirit-inspired glorious joy that is beyond expression. (1 Thes. 1:6; 1 Pet. 1:8)
- You’ve been given a spirit of power, love and self-control. (2 Tim. 1:7)
- You’ve been given abundant life. (John 10:10)

**2. What Is the Matrix?**

*Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God’s will is – his good, pleasing and perfect will. (Romans 12:2, NIV)*

- “...conform to the pattern” (*suschematizo*)
- *su* = “together”
- *schema* = scheme/pattern/matrix
- Satan’s Design is to have us conformed to “the world.” (world [*aion*] = present world system)
- The “world” is controlled by:
  - “the god of this age” (2 Cor. 4:4; 1 John 5:19)
  - the “principality and power of the air” (Eph. 2:2)
  - “the prince/ruler of the world” (John 12:31; 14:30; 16:11)







notes

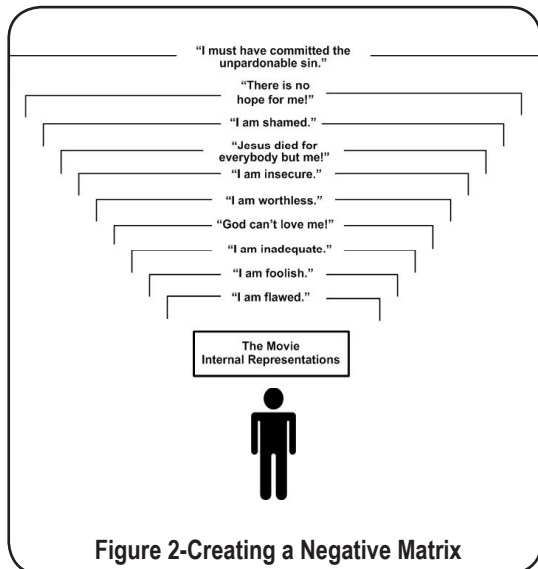
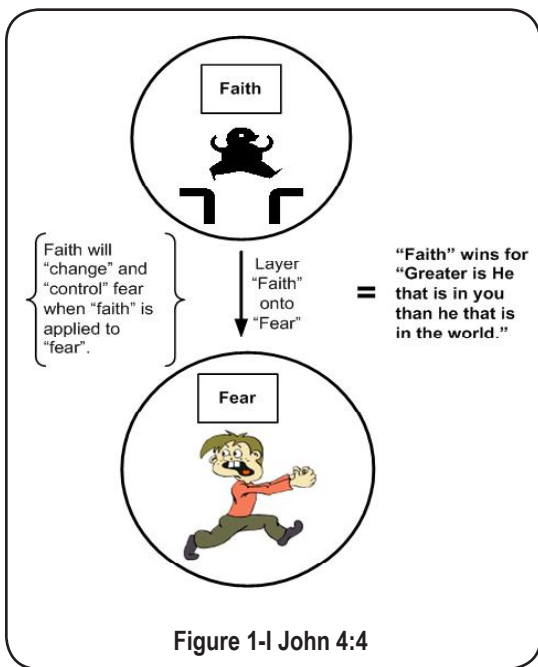
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### 1. Higher Levels of Thought Change

#### Lower Levels of Thought (see figures 1 and 2)

- The "Primary Level" is a thought that is about something outside the body.
- The "Meta-Level" is a thought that is about another thought.
  - At the "Meta-Level" we are speaking about our "relationship" with our own thoughts.
  - How is your relationship with your thoughts (with yourself)?
  - We are thinking about our thinking.

### 2. Second Thought Changes the First Thought

- When we apply one thought (feeling or state) to another thought (feeling or state), the second thought will be changed by the first thought.
- Fear applied to fear "multiplies" into a stronger fear (paranoia).
- Faith applied to fear "subtracts" from the fear and fear is minimized – even destroyed.

### 3. The Structure of a "Bitter Root"

*Looking diligently lest any man fail of the grace of God; lest any root of bitterness springing up trouble you, and thereby many be defiled. (Hebrews 12:15)*

*For the weapons of our warfare are not carnal, but mighty through God to the pulling down of strongholds. (II Corinthians 10:4)*

- Mike said... *Through temptation Satan seeks to use our own emotions, desires, passions and feelings against us in order to move us to think, believe, act, and live contrary to God's Truth (which makes us free).*

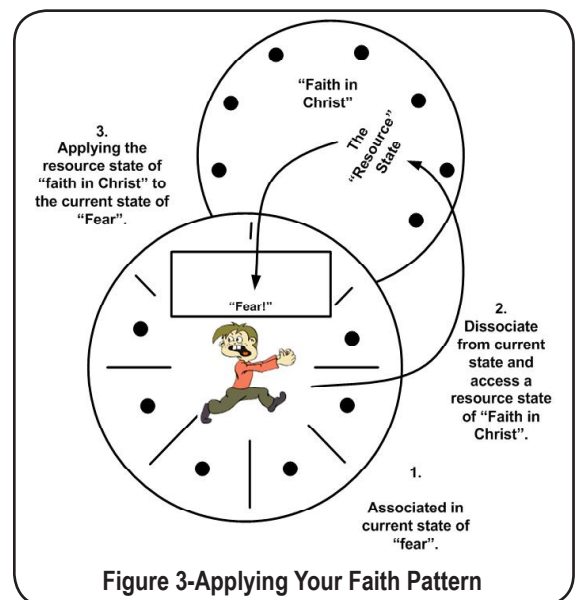
## 4. Bitter Roots

- They are those painful – mostly unconscious – memories in our lives that Satan uses to destroy our lives and to destroy our relationships.
- They, as Paul stated, are like “strongholds.” Instead of us controlling them, they control us.
- Foundation for Addictions – **Most, if not all, addictive** behaviors will have Bitter Roots behind them (anger, lust, substance abuse, etc.)
- The demons of hell occupy our Bitter Roots.
- Once we bring those Bitter Roots into the presence of the Lord Jesus, the demons have to flee.
- Bitter Roots of Hebrews 12:15
  - Bitter Roots block our relationship with the Lord
  - Bitter Roots cause us “trouble” (Greek *enochleo* – to crowd in, to annoy, to trouble)
  - Bitter Roots destroy relationships (“many be defiled”)
- They consist of traumatic experiences of pain, distress, disappointment, guilt, etc. That starts the seed of bitterness growing.
- Without a good resolution to that trauma, the bitter memories and how we represent those memories in our minds-and-bodies keep a person continually torn up with that pain.
- And so it grows like a poisonous root.
- Bitter Roots become the Matrix that enslaves us.

## 5. Healing Bitter Roots

- Basic Meta-Stating Pattern – Applying Your Faith (see figure 3)
  - Access a resource state (Faith, etc.)
  - Amplify and anchor.
  - Apply “Faith” to the “Bitter Root”.
  - Appropriate to the future.
  - Analyze the quality, health, balance (ecology) of the system: “Is this the Lord’s will for me?”

## notes









# >> Recommended Resources

## BOOKS BY BOB BODENHAMER

### ***Patterns for Renewing Your Mind*, with L. Michael Hall, Ph.D**

Does the Bible have all the answers? Absolutely, you just need to know where to look. In an NLP book written primarily for Christian pastors and counselors, the authors reveal a model of communication that facilitates effective counseling and preaching.

### ***Mind Lines: Lines for Changing Minds*, with L. Michael Hall, Ph.D**

Hall and Bodenhamer have taken the 17 traditional “Sleight of Mouth” patterns in NLP and totally repackaged them using a logical level system that provides an order and structure that you will find easy to learn and remember. In Mind-Lines you will learn to think about directionalizing consciousness (whether yours or someone else’s!) in one of six directions.

### ***User’s Manual for the Brain Vol. I*, with L. Michael Hall, Ph.D**

The Complete Manual for Neuro-Linguistic Programming Practitioner Certification by Bobby G. Bodenhamer and D.Min. L. Michael Hall, Ph.D. Hall says concerning this manual, “Dr. Bob Bodenhamer developed this manual for Running Your Own Brain over a seven year period as he taught NLP for Adult Education at Gaston College and conducted NLP Practitioner Certification training. From those practical contexts, he developed this manual to give people new to NLP a clear and understandable presentation.

### ***User’s Manual for the Brain Vol. II*, with L. Michael Hall, Ph.D**

Mastering Systemic NLP (2003). The User’s Manual For The Brain Volume II equips practitioners with the essential knowledge needed to become masterful in running their own brains. Following on from Volume I, the authors introduce some of the newer advancements in the field and invite you to go beyond the Practitioner level and on to the Master’s level where you will not only understand NLP, but you will be able to develop the very spirit of NLP.

### ***Games for Mastering Fear*, with L. Michael Hall, Ph.D**

This is a book about developing your own emotional intelligence about mastering your fears. To achieve that, we have made this book about NLP and Neuro-Semantics. To that extent, this is a book about state of the art techniques (patterns, processes, “games”) for developing an intelligent, courageous, and informed way for handling fearful objects, events, people, and ideas.

## BOOKS BY GREG BOYD

### ***Seeing is Believing***

If you’re like most people, you consider prayer an obligation. You do it because you feel like you should, not because your passionate about it. The result is often apathy or fatigue or both. But Scripture and church tradition speak of a different experience of prayer. Seeing is Believing will introduce you to the centuries-old Christian practice of imaginative prayer. Let Greg Boyd lead you to an experience of prayer that is fresh and revolutionary.

### ***Escaping the Matrix*, with Al Larson**

In some way or another most of us are “stuck” – in a secret sin we can’t control or maybe by an inability to stand up for ourselves. In this book, the authors use the vehicle of The Matrix film trilogy to argue that our struggles with habitual sin, thought patterns, damaged emotions, and phobias happen because we do not know how to take charge of the way we experience reality. The authors draw on biblical and psychological insights to provide practical resources for helping believers escape the matrix of the world system that ensnares them. While this book is aimed at the newest generation of Christian readers, all ages will be inspired by the book’s innovative strategies for experiencing a deeper life in Christ.

## OTHER BOOKS

*Secrets of Personal Mastery*, L. Michael Hall, Ph.D.

*Frame Games*, L. Michael Hall, Ph.D.

*Communication Magic*, L. Michael Hall, Ph.D.

*The Matrix Model*, L. Michael Hall, Ph.D.

*The Emotional Hostage*, Leslie Camron-Bandler and Michael Lebeau.

## WEBSITES

[www.renewingyourmind.com](http://www.renewingyourmind.com)

[www.neurosemantics.com](http://www.neurosemantics.com)



Michael L. Davis is an ordained minister, business consultant, trainer and coach. His Biblical teachings focuses on The Renewing of the Mind, the Semitic background of the Christian faith, the study of the Bible in the light of the Cultural, Linguistically and Historical context in which it was written.



Dr. Bob Bodenhamer's under-graduate degree (BA) is from Appalachian State University in Boone, NC (1972). His major at Appalachian State University was Philosophy and Religion with a minor in Psychology. He received the Master of Divinity (1976) and the Doctor of Ministry Degree (1978) from Southeastern Baptist Theological Seminary in Wake Forest, NC. The Master of Divinity Degree included training in Pastoral Care with both classroom and clinical work. Dr. Bodenhamer received one unit of Clinical Pastoral Education from Wake Medical Center in Raleigh, N. C. while working on his doctorate. His marriage to Linda now spans 35 years. Dr. Bodenhamer has approximately 1500 hours of formal NLP training. He teaches NLP in the Corporate/Community Education program at Gaston College. As an International Master NLP Trainer, he offers both certified training for Practitioners and Master Practitioners of NLP. He serves as a training and therapy consultant for corporations and he has a private NLP Therapy practice. Dr. Bodenhamer has served four Southern Baptist churches as pastor. He is presently serving as pastor of a mission church called Christ Fellowship Community Church. His time in the pastorate spans 33 years. All of his pastorates have been in North Carolina.



Greg Boyd's ministry is characterized by passion for Jesus Christ. He is motivated by the conviction that it is as important to worship God with all your mind as it is to worship him with all your heart. He communicates difficult concepts and biblical truth through stories and examples from everyday life. Whether they are hurting, unchurched, or committed believers, Dr. Boyd challenges his audiences to deeper, more passionate relationships with Christ. He received his B.A. in philosophy from the University of Minnesota, his M.Div. from Yale Divinity School (Cum Laude, 1982), and his Ph.D. from Princeton Theological Seminary (Magnum Cum Laude, 1988). Greg is the Senior Pastor at Woodland Hills Church in St. Paul, Minnesota. Average attendance at Woodland Hills has grown to 5000 since he helped plant the church in 1992. He also served as a Professor of Theology at Bethel College for sixteen years, where he received the Teaching Excellence Award and Campus Leadership Award. In 2000, Dr. Boyd founded Christus Victor Ministries, a nonprofit organization that promotes faith which satisfies the mind and inspires the heart. Dr. Boyd regularly speaks at academic and religious conferences, college campuses and churches throughout the United States and abroad. In his spare time, he enjoys running marathons and playing the drums. Dr. Boyd and his wife, Shelley, have three children.